

Bupa Nacional Plus

You choose how to take care of yourself, we make it possible.

Welcome to Bupa Nacional Plus

Major medical expenses insurance: simple, customized, and with no small print, which makes taking care of yourself easier.

Why Bupa?

When you choose us, you join one of the largest global health insurance companies, founded in England, with over 70 years of international experience.

Amongst our portafolio, we offer first class national products; always placing your wellbeing at the heart of everything we do.



Taking care of you is in our DNA

Founded by doctors, our purpose is to help people live live longer, healthier, happier lives.

Our products are designed so that you can choose how to take care of yourself in every stage of your life.



We drive innovation

We reinvest our profits into our companies, allowing the development of new technologies to offer the best possible care.



First class service

Our local team is available to assist you 24/7.

You will have access to a variety of digital tools for an easy, agile, and efficient relationship with us.

What we offer?

- You choose where and with whom to get treatment in Mexico: Freedom of choice to doctors and hospitals in Mexico without network restriccions.⁽¹⁾
- Choose how much you want to pay: Personalize your product according to your needs. You set the annual limit, deductible, coinsurance, and waiting periods.
 - We take care of your health and finances: In the event of hospitalization, process your pass within 72 hours and avoid paying yourself. Additionally, your annual limit is reinstated each year. In case of an insured event you will only pay one deductible per year and maximum two per family.

• Maternity:

May include coverage for a normal delivery, cesarean section, pregnancy complications and newborn complications.

Also, you will be able to decide which hospital you wish to deliver your baby.

Assistance abroad (optional, with cost)

Purchasing Options

You can choose the product that best fits your lifestyle.

Special Offer Assistance abroad at no cost.

Valid until December 31, 2022

Insured Sum	Choose between:
Per insured person, annually.	 \$ 5 Million (MXN) \$ 10 Million (MXN)) \$ 20 Million (MXN) \$ 50 Million (MXN)
Annual Deductible	 \$ 9,000 (MXN) \$ 17,000 (MXN) \$ 35,000 (MXN) \$ 55,000 (MXN) \$ 115,000 (MXN)
Coinsurance Annual Cap.	 0% 10% 20%
Geographic zone	The cost is adjusted according to your location.

And what if your have already purchased a major health expenses insurance

You can switch to Bupa and we will recognize your original policy issue and eliminate waiting periods with a competitive offer. Additionally, in case of an accident, we will eliminate your deductible and coinsurance cost without any additional cost. Subject to insurance requirements, terms and conditions, which are available at **www.bupasalud.com.mx**

(1.) The applicable coinsurance may vary if the insured person receives assistance outside of the geographical zone of their policy.

Benefits Summary

Benefits

All of the following benefits, even those paid in full, will contribute to the total annual cap of the policy.

Outpatient treatment	Coverage
Outpatient surgery	100%
Diagnostics tests, lab tests, and clinical studies	100%
Doctor fees	100%
Qualified nurses	Up to 60 days per policy
Supplementary therapy: osteopathy, homeopathy, acupuncture, and chiropractic	100%
Drugs and curing material	100%
Durable medical equipment	100%

Hospitalization	Coverage
Standard private room and board	100%
Extra bed and board for accompanying person	100%
Surgery, including surgeon and anesthesiologist fees, operating room, drugs, and healing material	100%
Intensive care	100%
Pathology, radiology, and diagnostics tests	100%
Physical therapists, occupational therapists, kinesiologists, phonoaudiologists, and nutritionists	100%
Prosthesis	100%
Prosthetic implants and devices	100%
Non-aesthetic reconstructive surgery	100%

Rehabilitation and palliative care	Coverage
Home nurse	Up to 60 sessions per policy year
Multidisciplinary rehabilitation and physical therapy in a hospital or outpatient regime	Up to 30 sessions per policy year
Neurological rehabilitation due to accident or covered disease	Up to 6 months to life per ailment
Palliative care	100%

Dental Treatment	Coverage
Accident-related dental treatment	100%
Second Opinion	Coverage

100%

Second medical or surgery opinion

This summary is for information purposes; details of the benefits, limitations, and exclusions can be found in the general terms and conditions and/or in the table of benefits of your policy (available at www.bupasalud.com.mx), which will prevail over any informative document.

Coverage for specific treatments and diseases	Coverage
Congenital conditions for insured people born during the term of the policy, and provided that the mother has been covered for at least 10 months.	
a) That manifest before the insured person turns 18 years of age	a) MXN \$10,000,000 Ten Million Pesos 00/100 for life
b) That manifest in the insured person at 18 years of age or afterwards	b) 100%
If the insured person was born outside of a covered maternity, the coverage of the policy will apply for congenital diseases if they have not been diagnosed and no prior medical treatment had been carried out prior to the policy becoming effective	
Cancer treatment (including bone marrow transplant)	100%
Transplant coverage	Up to the insured sum of the policy, applicable for life
Renal dialysis	100%
Acquired immunodeficiency syndrome (AIDS)	MXN \$6,000,000 Six Million Pesos 00/100 for life

Maternity	Coverage
This coverage only applies for deductible plans 1, 2, or 3 (deductible equal to or lower than MXN\$35,000 Thirty-Five Thousand Pesos 00/100). Deductible and coinsurance not applicable for the aforementioned benefits.	
Normal labor or cesarean section in the hospital	MXN \$50,000 Fifty Thousand Pesos 00/100 per pregnancy
Pre and post-natal treatment (10-month wait period)	100%
Maternity and labor complications	100%
Routine coverage of the newborn	2% according to the insured sum

Transfers	Coverage
Local aerial ambulance	100%
Ground ambulance	100%

Preventive Treatment	Coverage
Preventive dental test (includes cleaning evaluation and X-ray). *Deductible and coinsurance not applicable	MXN \$1,300 One Thousand Three Hundred Pesos 00/100 per visit
	Maximum one visit per policy year

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Other Benefits

Extended coverage for eligible dependents due to death of the policyholder for up to 1 (one) years at no cost if the cause of death of the policyholder is due to an accident, disease, or ailment covered under this policy.

Wait Periods	Coverage
Acquired immunodeficiency syndrome (AIDS).	36 months
Ailments of the knee, peptic acid, spine, nose, paranasal sinuses, amygdala, adenoids, hemorrhoids, hernias, breast tumors (benign and/or malignant), anorectal, prostate, gynecological ailments, pelvic floor insufficiency, vesicular and bile duct ailments, articular disease of the phalanges of the feet, cataracts, renal and urinary tract lithiasis.	24 months
Cancer treatment.	12 months
Maternity: pregnancy, labor or cesarean section, derived complications and routine care of the newborn.	10 months
Preventive dental test .	10 months
Transplants.	6 months

Assistance abroad

Up to US\$100,000 in the event of a sudden illness and/or travel accident abroad.

Global travel assistance:

- Air and ground ambulance
- Accommodation costs for a family member in the event of hospitalization
- Travel of a family member in the event of medical convalescence
- Trip interruption
- Repatriation or funeral transfer
- Location, recovery and shipment of baggage
- Emergency dental costs during a trip
- Hotel costs in the event of medical convalescence
- Medical supervision
- Care and transfer of accompanying persons
- Information before a trip (service included at no additional cost to the User)

Included Until December 31, 2022

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Why choose us?



Assistance abroad

Traveling abroad? Be at peace, you have a wide range of assistance services included at no additional cost. Valid until December 31, 2022.



No penalty for installments

Monthly, quarterly, or biannual payments without additional charges. Valid until December 31. 2022.



Special Offer

We offer you a 10% discount so you don't let this opportunity of insuring yourself and your loved ones pass you. Valid until December 31, 2022.



Bupa Mexico App

We connect with you and your health. Terms and conditions of the App apply.

- 24/7 medical and physiological video consultation
- Monitor your vitals by looking at the camera
- Access to your virtual card



Payment to Providers

We do not use medical legal rates, which gives us a wide range under the Usual, Reasonable, and Customary Fees for the product and region.

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Online Services

File your claims, manage and pay your policy with one click.

Quicker and nearer to you.



You choose how to take care of yourself, we make it possible.

For more information, visit www.bupasalud.com.mx Purchase through your agent or call us at 55 5202 1701 Monday to Friday, from 8:00 am to 5:30 pm.

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Privacy Notice

Bupa México, Compañía de Seguros, S.A. de C.V. ("Bupa"), at Montes Urales 745 1er piso, Colonia Lomas de Chapultepec, Alcaldía Miguel Hidalgo, Código Postal 11000, Mexico City, is responsible for your personal data and committed to their lawful, controlled, and informed processing. We use your personal data basically to give advice on the products and services that we offer; assess your request for purchase; and confirm your information; created and manage your online service profile and update your file; process payments; process claims and refunds; manage your products and coverage with local and foreign medical providers; and resolve complaints and inquiries. Additionally, we use them to send you communications with relevant information, offers, and advertising, and to administer surveys, market studies, contests, and raffles. For more information about the terms and conditions of the processing of your personal data, and the procedure for exercising your ARCO rights, please refer to our privacy notice at www.bupasalud.com.mx.