



GLOBAL PREMIER HEALTH PLAN

A COLLABORATION BETWEEN TWO OF THE MOST RESPECTED NAMES IN GLOBAL HEALTHCARE

WELCOME TO THE NEXT CHAPTER IN GLOBAL HEALTHCARE

We strive to be different. That is why we asked more than 3,000 globally minded people to help create our new range of global health plans.

Our portfolio offers benefits that are clearly segmented and the extraordinary service you always expect from us. These are more than insurance policies. We also focus on our customers' all-round health throughout a number of wellness services included.

Also, through our collaboration with Blue Cross Blue Shield Global our customers can now enjoy even more benefits in their plans.

Whenever you need us most, whether going through a serious illness, a health condition, or when you want to insure your health and wellbeing, we are always by your side.



TWO OF THE BIGGEST, MOST TRUSTED NAMES IN GLOBAL HEALTHCARE

Bupa Global and Blue Cross Blue Shield Global have teamed up to deliver high quality healthcare products and services.

As part of your global health insurance, you have now access to the largest healthcare provider network worldwide through the Blue Cross Blue Shield networks in the United States of America and the Bupa Global networks everywhere else.

WHY CHOOSE GLOBAL PREMIER HEALTH PLAN?

You may get treatment wherever you are through our preferred providers network, including in the United States of America.

Global Premier Health Plan is an excellent option for families. It includes extensive maternity package available once you have been insured for 10 months.

To learn more about our portfolio of global health plans, please visit our web site: www.bupasalud.com.mx

EXCEPTIONAL SERVICE AT EVERY LEVEL

We provide a high level of service in all our policies, through our exclusive resources:

MEDICAL SERVICE TEAM (MST)

Personalized service from healthcare professionals who accompany you before, during and after an important health event.

EXPERT OPINION

World renowned independent specialists provide you with an expert opinion in case of a serious, complex or chronic illness. This service is designed to help you make an informed decision during a vital and important moment.

WELCOME CENTER

This digital tool gives you access to all your policy documents in an easy and friendly way. It also helps you to understand the process to follow regarding paperwork and allows you to locate healthcare facilities, among many other services.

MY BUPA ONLINE SERVICES

Manage your policy with a click; access your virtual ID card, consult the status of a reimbursement, download your Explanation of Benefits, among other actions.

Bupa México is the sole insurer of this plan.

Bupa México is a trade name of Bupa México, Compañía de Seguros, S.A. de C.V., the international health and care company. Bupa México is an independent licensee of Blue Cross and Blue Shield Association. Bupa México is not licensed by Blue Cross and Blue Shield Association to sell products branded with the Blue Cross Blue Shield marks in Argentina, Canada, Costa Rica, Panama, Uruguay and US Virgin Islands. In Hong Kong, Bupa México is only licensed to use the Blue Shield marks. Please consult your policy terms and conditions for coverage availability. Blue Cross and Blue Shield Association is a national federation of 36 independent, community-based and locally operated Blue Cross and Blue Shield companies. Blue Cross Blue Shield Global is a brand owned by Blue Cross and Blue Shield Association. For more information about Bupa México, visit bupaglobalaccess.com, and for more information about Blue Cross and Blue Shield Association, visit www.BCBS.com.

SUMMARY OF BENEFITS

DEDUCTIBLE OPTIONS

Plan A US\$1,000 | **Plan 1** US\$2,000 | **Plan 2** US\$5,000 | **Plan 3** US\$10,000

PROVIDER NETWORK

In Latin America

In the U.S.A.

In the rest of the world

Open

BCBS

Bupa Global Network

BENEFITS

All the benefits on this table, even those paid in full, accumulate towards the total annual maximum limit.

**Maximum coverage per policy year
US\$3,000,000**

OUT-PATIENT TREATMENT

Out-patient surgery	100%
Diagnostic procedures, pathology, and lab tests	100%
Physician fees	100%
Qualified nurses, up to 80 days	US\$300
Osteopaths and chiropractors, up to 30 visits	100%
Prescription drugs and dressings	100%
Durable medical equipment	100%
Urgent Care Facilities and Walk-in Clinics in the U.S.A.	
* US\$50 copay	100%
* No deductible	

DENTAL TREATMENT

Dental treatment related to a covered accident	100%
Major restorative treatment (6-month waiting period)	US\$500

HOSPITALIZATION (HEALTH CARE FOR HOSPITALIZED PATIENTS)

Room and board (up to standard private room)	100%
Accommodation charges for companion in case of a hospitalization, per day	US\$100
Operating room, prescription drugs, and dressings	100%
Intensive care	100%
Surgery, including surgeon and anesthesiologist's fees	100%

Pathology, radiology, and diagnostic tests	100%
Physiotherapists, occupational therapists, kinesiologists, phonoaudiologists, and dieticians	100%
Obesity surgery (24-month waiting period)	US\$20,000
Prosthesis	100%
Prosthetic implants and appliances	100%
Reconstructive surgery	100%

REHABILITATION AND PALLIATIVE CARE

Home nursing, per day, up to 80 days	US\$300
Hospice and palliative care	100%
Multidisciplinary rehabilitation and physiotherapy, up to 80 days	100% (in and out patient)

IN-PATIENT AND/OR OUT-PATIENT CARE

Advanced imaging	100%
Congenital conditions:	
• Diagnosed before the age of 18, lifetime	US\$500,000
• Diagnosed on or after the age of 18	100%
Prophylactic surgery only for gynecologic cancer, lifetime (12-month waiting period)	US\$25,000
Cancer treatment (includes bone marrow transplant)	100%
Transplant services, lifetime per diagnosis	US\$800,000
Kidney dialysis	100%
AIDS/HIV, lifetime (3-year waiting period)	US\$500,000
Activities and extreme sports (amateur)	100%

MATERNITY AND BIRTH: PLANS A AND 1 (10-MONTH WAITING PERIOD)

Normal delivery and caesarean section, per pregnancy, no deductible	US\$5,000
Pre and post-natal treatment, no deductible	Covered under the Maternity benefit
Complications of maternity and birth, lifetime, no deductible	US\$500,000
Newborn provisional coverage, up to 90 days after birth, no deductible	US\$15,000
Home nursing for healthy newborn (included under maternity benefit)	US\$60 per night, max. 3 nights

EVACUATION AND TRAVEL

Medical evacuation between hospitals	100%
Medical evacuation with surgery diagnosis, per lifetime	US\$2,000
Local air ambulance	100%
Local ground ambulance	100%
Repatriation of mortal remains	100%

PREVENTIVE TREATMENT

Health check-up for adults 18+ only, no deductible (10-month waiting period)	US\$600
Vaccines for children, influenza, HPV, a 20% coinsurance paid by the insured applies	US\$800
Eye exam, no deductible, 1 per policy year (10-month waiting period)	100%
Preventive dental exam, no deductible, 2 per policy year (10-month waiting period)	100%

HEARING AND VISION

Hearing aids, a 20% coinsurance paid by the insured applies	US\$600
Spectacle frames, glasses, and contact lenses, a 20% coinsurance paid by the insured applies	US\$600
Refractive surgery, 1 per eye, lifetime, a 20% coinsurance paid by the insured applies	US\$1,000

ADDITIONAL BENEFIT

Extended coverage for eligible dependents due to the death of the Policyholder	1 year
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Some procedures, treatments, services or benefits included in this summary are subject to pre-authorization by Bupa, as per the Global Premier Health Plan's Table of Benefits.

IMPORTANT INFORMATION

- Eligibility up to 74 years of age.
- One worldwide deductible, up to the equivalent of two per family, per policy year.
- Option to purchase for nieces, nephews, and grandchildren.
- One worldwide deductible, up to the equivalent of two per family, per policy year.
- All benefits are per insured, per policy year, unless otherwise stated.
- All covered benefits are paid according to the usual, customary and reasonable expenses for that treatment or service in the country in which the covered medical service is provided.
- All benefits are subject to deductible, unless specified otherwise.

A FEW THINGS THAT MAKE US DIFFERENT

Ever since our foundation more than 70 years ago, the Bupa team is renowned for the medical expertise and dedication of our consultants and health experts. We offer a service that exceeds your expectations. These are just a few of the things that make Bupa your best choice.

WE INVEST IN HEALTH

Your health is at the heart of everything we do, promoting innovation and offering access to the first-class services you deserve.

FINANCIAL REASSURANCE

Health insurance should not be just about your health. It should also give you the peace of mind that comes with not worrying about unexpected costs. With us by your side you can simply focus on enjoying life.

MULTILINGUAL ADVISERS

When it comes to healthcare advice, we know that speaking to someone in your own language is more than reassuring. That's why we have a team of advisers that can offer help in multiple languages.

PRE EXISTING CONDITIONS

We don't believe past health issues should prevent you from enjoying your future. That's why, when you join our global health plans, many pre-existing conditions can be covered.



KNOW MORE

If you need more information, we are here to help.

Visit
www.bupalud.com.mx

Telephone Assistance:
55 5202 1701

WhatsApp Assistance:
(+52) 55 4515 5302

Email Assistance:
atencioncliente@bupa.com.mx

