

A young girl with brown hair, wearing a green sweater, is blowing a kiss to a woman lying down. The woman has her eyes closed and a peaceful expression. The background is bright and out of focus, suggesting an outdoor setting with sunlight.

Bupa

The logo for BlueCross BlueShield Global, featuring a blue cross with a white globe inside, followed by a blue shield with a white cross and the letters 'BCBS' inside, and the text 'BlueCross BlueShield Global' to the right.

BlueCross
BlueShield
Global

BUPA ESSENTIAL CARE

A COLLABORATION BETWEEN TWO OF THE MOST RESPECTED MAJOR MEDICAL HEALTH INSURANCE COMPANIES WORLDWIDE

Bupa México 2022

TWO OF THE MOST TRUSTED NAMES IN GLOBAL HEALTHCARE

Bupa Global and Blue Cross Blue Shield Global have teamed up to deliver high-quality healthcare products and services.

WHY CHOOSE BUPA ESSENTIAL CARE?

This plan provides outstanding health coverage in Mexico, Latin America and the United States of America through an extensive network of healthcare providers.

For more information about our other global health plan options, visit www.bupasalud.com.mx

EXCEPTIONAL SERVICE AT EVERY LEVEL

We pay great attention to detail in all of our insurance policies through our exclusive services like:

MEDICAL SERVICE TEAM

Personalized service from healthcare professionals who accompany you before, during, and after an important medical event.

WELCOME CENTER

Digital tool that gives you access to your policy documents; helps you know about the procedures and locating hospitals, among many other services, in an easy and friendly way.

MI BUPA ONLINE SERVICES

Manage your policy with one click: access your virtual card, log in and consult the status of your refunds, download your Explanation of Benefits, among other actions.

Bupa Mexico is the sole insurer of this policy.

Bupa Mexico is part of Bupa Global, an international health and care company. Bupa is an independent licensee of Blue Cross and Blue Shield Association. Bupa Global is not licensed by Blue Cross and Blue Shield Association to sell products branded with the Blue Cross Blue Shield marks in Argentina, Canada, Costa Rica, Panama, Uruguay and US Virgin Islands. In Hong Kong, Bupa Global is only licensed to use the Blue Shield marks. Please consult your policy terms and conditions for coverage availability. Blue Cross and Blue Shield Association is a national federation of 36 Blue Cross and Blue Shield companies locally operated in the United States of America. Blue Cross Blue Shield is a brand owned by Blue Cross and Blue Shield Association. For more information about Bupa Global, visit www.bupaglobalaccess.com, and for more information about Blue Cross and Blue Shield Association, visit www.BCBS.com.

SUMMARY OF BENEFITS

DEDUCTIBLE OPTIONS

US\$1,000/2,000

US\$2,000/3,000

US\$5,000/5,000

US\$10,000/10,000

US\$20,000/20,000

NETWORK OF HEALTHCARE PROVIDERS

Mexico
Latin America
United States

Essential Care Network

BENEFITS

All benefits below, even those paid in full, will contribute to the overall annual maximum limit of the plan.

Annual limit per policy year
US\$1,000,000

OUTPATIENT TREATMENT

Outpatient surgical operations	100%
Pathology, radiology, and diagnostic tests	100%
Consultations with doctors and specialists	100%
Home healthcare, up to 60 days per event	US\$200 per day
Prescription drugs:	100%
• Following hospitalization or outpatient surgery (for a maximum of 6 months)	100%
• Outpatient treatment or non-hospitalization	100%
Physiotherapy and rehabilitation services (maximum 40 per year)	100%
Urgent Care Centers and Walk-in Clinics in the United States	100%
• Subject to a copayment of US\$50	
• No deductible applies	

HOSPITALIZATION (INPATIENT CARE)

Hospital services	100%
Standard room and board of insured	100%
Intensive care unit	100%
Surgeons' and anesthetists' fees	100%
Diagnostic tests	100%
Bariatric surgery, one time only (waiting period 24 months)	US\$10,000
Prescription drugs during hospitalization	100%

MATERNITY

Normal delivery or cesarean section (waiting period 10 months), no deductible	US\$2,000
Complications of maternity (waiting period 10 months)	Included with maternity benefit
No deductible applies	
Provisional coverage for newborns (maximum 90 days after childbirth), no deductible	US\$10,000

OTHER BENEFITS	COVERAGE
Cancer treatment (chemotherapy/radiation therapy/transplant of bone marrow)	100%
Terminal kidney disease (dialysis)	100%
Transplant procedures (per diagnosis, per lifetime) <ul style="list-style-type: none"> • Maximum coverage organ, cell, and tissue procurement, transportation, and removal, and preparation of donor (US\$25,000 included as part of the total) 	US\$300,000
Congenital and/or hereditary conditions <ul style="list-style-type: none"> • Diagnosed before the age of 18 (maximum per lifetime) • Diagnosed on or after 18 years of age 	US\$500,000 100%
Prosthetic limbs	100%
Special treatments (prosthesis, implants, appliances, and orthotic devices, durable medical equipment, radiation therapy, chemotherapy, and highly-specialized drugs)	100%
Emergency medical treatment (with or without hospitalization)	100%
Emergency dental treatment coverage	100%
Hospice and palliative care	100%
HIV/ AIDS, per lifetime <ul style="list-style-type: none"> • Waiting period 4 years 	US\$300,000
Extended coverage for eligible dependents in case of death of the Policyholder	1 year
Second surgical opinion required <ul style="list-style-type: none"> • If the insured does not obtain a required second surgical opinion, the insured will be responsible for 30% of all covered medical and hospital costs related to the claim, in addition to the applicable deductible. 	100%

EVACUATION AND TRAVEL	
Emergency medical evacuation: <ul style="list-style-type: none"> • Air ambulance • Road ambulance 	US\$25,000 100%
Repatriation of mortal remains	US\$5,000

Some procedures, treatments, services, or benefits contemplated by this summary may be subject to prior approval by Bupa, as provided in the Table of Benefits Bupa Essential Care and the General Terms and Conditions of you policy.

RELEVANT INFORMATION

- Age of admission, up to 74 years of age.
- Purchase option for nephews/nieces and grandchildren.
- In the event of an accident, your deductible is removed, provided that your initial medical assistance occurs within 8 calendar days following the event.
- One deductible worldwide, up to 2 per family, per policy year.
- Unless otherwise indicated, all benefits are per insured, per policy year.
- All benefits are subject to a deductible, unless otherwise indicated.
- All covered benefits will be paid considering the usual, customary, and reasonable costs for such treatment or service in the country in which the covered medical services are received.

A FEW THINGS THAT MAKE US DIFFERENT

Since we were founded over 70 years ago, the Bupa team has distinguished itself by the medical experience and dedication of its health advisers and experts. We offer services that exceed the expectations of our insureds. These are only a few things that make Bupa an excellent choice

REINVEST IN HEALTH

Your health is at the heart of everything we do. It fuels our drive to innovate and improve how we deliver first-class services that you deserve.

FINANCIAL REASSURANCE

Health insurance isn't just about your health. It's also about not worrying about unexpected costs. With us by your side, you can simply focus on enjoying life.

MULTILINGUAL ADVISERS

When it comes to healthcare advice, we know that speaking to someone in your own language is more than reassuring - it's key. For this reason, we have a team of multilingual advisers.

PRE-EXISTING CONDITIONS

We don't believe past health issues should stop you from enjoying your future. That's why many pre-existing conditions may be covered.



FIND OUT MORE
If you'd like more information
we're here to help.

Visit www.bupasalud.com.mx

Call us on: 55 5202 1701

WhatsApp: (+52) 55-4515-5302

Email: atencioncliente@bupa.com.mx

